



INTERNATIONAL **HAND & WRIST CONGRESS** & HAND THERAPY SYMPOSIUM

November 7 - 8, 2025 | Raffles Dubai Hotel, UAE

CADAVERIC WORKSHOP

November 9, 2025 | Sharjah Surgical Institute - Dubai, UAE

In collaboration with



WELCOME LETTER

On behalf of the Emirates Hand Surgery Society & the Conference Organizing Committee, we are pleased to announce the **International Hand & Wrist Congress & Hand Therapy Symposium** which will be held on **November 7th - 8th, 2025** at the **Raffles Dubai Hotel, UAE & the Cadaveric Workshop** which will be held on **November 9th, 2025** at **Sharjah Surgical Institute - Sharjah, UAE**.

The Emirates Hand Surgery Society is organizing this CME-accredited event, which will feature leading hand surgery experts from around the world and the region. These professionals will share their knowledge through presentations, clinical case studies, discussions, and workshops, providing a comprehensive educational program and updates in the field, including keynote lectures, instructional courses, cadaveric workshops, and case discussions.

The congress will bring together hand, orthopedic, and plastic surgeons, as well as physiotherapists, and other healthcare professionals from related specialties in the region.

The event is further enhanced by the collaboration with the Singapore Society for Hand Surgery. Each year, we focus on delivering the most current updates and best practices, promoting knowledge sharing and driving your professional growth.

We look forward to welcoming you to Dubai for an enriching and engaging conference experience.



Khalid Alawadi, MD

Consultant Plastic and Hand Surgeon
Rashid Hospital, UAE

President of the Emirates Hand
Surgery Society

Congress Chair

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President of the Emirates Hand
Surgery Society

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Consultant on Hand and
Reconstructive Microsurgery

Rashid Hospital Dubai, UAE



Chaitanya Dodakundi, MD

Orthopaedic Hand
and Microsurgery

Rashid Hospital Dubai, UAE

07:30 - 07:50

Registration

07:50 - 08:00

Welcome Remarks from the Congress Chairman

Khalid Alawadi, MD | *UAE*

08:00 - 09:36

SESSION 1 | FREE PAPER SESSION

09:36 - 12:24

SESSION 2 | SOFT TISSUE, LIGAMENT & TENDON INJURIES

09:36 - 09:48

Navigating Scapholunate Ligament Injuries:
Strategies for Arthroscopic Management

Chung Sze Ryn, MD | *Singapore*

09:48 - 10:00

Arthroscopic TFCC Repairs: A Critical Look at the Evidence

Chung Sze Ryn, MD | *Singapore*

10:00 - 10:12

Ulnar-sided Wrist Pain: Strategies for Arthroscopic Management

Camelia Tang, MD | *Singapore*

10:12 - 10:42

Coffee Break

10:42 - 10:54

Mastering Acute Flexor Tendon Repairs:
Practical Techniques & Surgical Pearls

Camelia Tang, MD | *Singapore*

10:54 - 11:06

Extensor Tendon Injuries - Do's and Dont's

Abby Choke, MD | *Singapore*

11:06 - 11:18

Unlocking the PIPJ Flexion Contracture:
Evaluation Approaches & Tailored Treatment Strategies

Abby Choke, MD | *Singapore*

11:18 - 11:30

Versatile Solutions for Thumb & Digit Defects: Flap Techniques

Sreedharan Sechachalam, MD | *Singapore*

11:30 - 11:42

Type 3 Skier's Thumb:
Insights into Diagnosis, Treatment Options, & Patient Expectations

TBA

11:42 - 11:54

The Occult Ganglion Puzzle:
Diagnosis, Management, & When to Intervene

TBA

11:54 - 12:24

Q&A

12:24 - 12:54

Symposium 1

12:54 - 14:24

Prayer & Lunch Time

14:24 - 16:42

SESSION 3 | FRACTURES

14:24 - 14:36

The Distal Osteoporotic Radius Fractures Silent Epidemic:
A Practical Guide to Decision-Making

Mala Satkunanantham, MD | *Singapore*

14:36 - 14:48

Arthroscopic Assisted Distal Radius Fixation

Abby Choke, MD | *Singapore*

14:48 - 15:00

Distal Radius Fractures: Treatment & Management of Stiffness

Camelia Tang, MD | *Singapore*

15:00 - 15:12

3D Printing Assisted Distal Radius Corrective Osteotomy

Wang Qiao, MD | *Singapore*

15:12 - 15:24

Arthroscopic Wafer for Ulnocarpal Impaction Syndrome:
Precision in Action

TBA

15:24 - 15:36

Mastering Perilunate Injuries: My Surgical Approach

Sreedharan Sechachalam, MD | *Singapore*

15:36 - 15:48

Scaphoid Fractures Under the Microscope:
An Evidence-Based Treatment Review

TBA

15:48 - 16:00 Metacarpal Fractures and Fixation:
Applying Evidence to Optimize Outcomes **TBA**

16:00 - 16:12 Dorsal PIP Fracture-Dislocations:
Evolving Surgical Solutions for Better Recovery **TBA**

16:12 - 16:42 Q&A

16:42 - 17:12 **SESSION 4 | CLINICAL CASES**

16:42 - 17:12 The Distal Osteoporotic Radius Fractures Silent Epidemic:
A Practical Guide to Decision-Making **TBA**

17:12 Closing

07:30 - 08:00

Registration

08:00 - 08:42

SESSION 5 | FREE PAPER SESSION

08:42 - 10:36

SESSION 6 | CONGENITAL, INFECTIONS, TUMORS & PEDIATRIC

08:42 - 08:54

Peripheral Nerve Sheath Tumors in the Upper Extremity:
Insights into Diagnosis & Treatment Advances

TBA

08:54 - 09:06

Continuous Catheter Irrigation for Treatment of Hand & Wrist
Infection: Minimally Invasive Approach

Wang Qiao, MD | Singapore

09:06 - 09:18

Hand Enchondromas Unveiled:
Modern Management & Rehabilitation Strategies

TBA

09:18 - 09:30

Navigating Vascular Malformations in the Upper Limbs:
Diagnosis to Treatment

TBA

09:30 - 09:42

Refining Surgical Solutions for Madelung's Deformity:
A Contemporary Approach

TBA

09:42 - 10:12

Coffee Break

10:12 - 10:24

Syndactyly in Focus: Timing & Techniques for Optimal Outcomes

TBA

10:24 - 10:36

Ulnar Longitudinal Deficiencies:
Personalized Treatment Plans for Enhanced Function

TBA

10:36 - 11:06

Symposium 2

11:06 - 11:36

Q&A

11:36 - 12:06

Symposium 3

12:06 - 15:20

SESSION 7 | ARTHRITIS & JOINT REPLACEMENT

12:06 - 12:18

Navigating Interphalangeal Arthritis:
Treatment Paths & Realistic Outcomes

TBA

12:18 - 12:30

Basal Thumb Osteoarthritis & Implant Arthroplasty

Sreedharan Sechachalam, MD | *Singapore*

12:30 - 12:42

Managing Rheumatoid Arthritis in the Hand:
Fusion or Replacement for Pain & Deformity?

TBA

12:42 - 14:02

Lunch Time

14:02 - 14:14

Mastering Total DRUJ Replacement:
A Step-by-Step Surgical Approach

TBA

14:14 - 14:26

Kienböck's Disease Unveiled:
Understanding Causes, Care, & Recovery

TBA

14:26 - 14:38 Decoding Hand & Wrist Arthritis:
Optimal Timing, Techniques, & Patient Selection **Mala Satkunanantham, MD** | *Singapore*

14:38 - 14:50 Unlocking the Arthritic Stiff Finger:
Evaluation Approaches & Tailored Treatment Strategies **TBA**

14:50 - 15:20 Q&A

15:20 - 17:14 **SESSION 8 | PERIPHERAL NERVE PATHOLOGY & MICROSURGERY**

15:20 - 15:32 Below-Elbow Nerve Transfers:
A Practical Approach to Restoring Function **TBA**

15:32 - 15:44 Peripheral Nerve Injuries of the Upper Limb:
Preventive Strategies & Therapeutic Advances **TBA**

15:44 - 15:56 Hypothenar Fat Flap Revisions in Carpal Tunnel Syndrome:
Rethinking the Surgical Fix **TBA**

15:56 - 16:08	Role of Hyperselective Neurectomy for Upper Limb Spasticity	Chung Sze Ryn, MD <i>Singapore</i>
16:08 - 16:20	Microsurgical Reconstruction of the Lower Limb	Mala Satkunanantham, MD <i>Singapore</i>
16:20 - 16:32	Neuroma Management Evolved: Latest Insights in Surgical Intervention	TBA
16:32 - 16:44	Optimizing Upper Limb Function in Cerebral Palsy: Modern Approaches to Treatment	TBA
16:44 - 17:14	Q&A	



ORGANIZED BY:

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